

Master the Tango of Listening

Deep down, you know that listening is important. But you're already busy—how can you create time for real listening and make the most of it?

Supportive Listening™ is a powerful technique that opens the door to an authentic connection with the person in front of you. Through a natural listening presence you can quickly build rapport, maximize communication, and set the stage for a productive interaction.



This highly engaging workshop draws on dance as a rich metaphor for listening, featuring music, stories, and movement from Argentine Tango. Come Master the Tango of Listening.

You will learn:

- An effective, precise technique for providing healthy listening support.
- Three keys to a powerful listening mindset that builds connection and trust.
- How to make the most of limited time by being fully present as a listener.
- Two tools for avoiding the common listening pitfalls that create additional stress.
- How to spot high impact opportunities to use listening in your day to day work.
- Use of the “support triangle” to assist you in dealing with difficult people.
- Two important skills for resisting the emotional pull that leads to taking on too much.
- Valuable insights from the research on delivering effective emotional support.
- A simple way to request great listening support when you need it.

ABOUT THE PRESENTER: Paul Konasewich has post-graduate training in Bowen Family Systems from the Georgetown Family Center, along with an MBA from the MIT Sloan School Management. In addition to serving as Board President of the Bay Area Organization Development Network, Paul is an avid dancer of Argentine Tango. In collaboration with Eran Magen, PhD Psychologist and Robert Wood Johnson Scholar, Paul has presented Supportive Listening™ programs to the Stanford Hospitals and Clinics Center for Education, the San Mateo Pre-school Parents Group, and many others.

Supportive Listening™
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